

<b>1988</b>	<b>Won</b>	<b>Lost</b>
London Warriors	9	1
Lancashire Red Sox	7	3
Humberside Bears	6	4
Mersey Mariners	4	6
Southern Tigers	4	6
Nottingham Knights	0	10

There was no playoff, so London finished as league champions.

	<b>Warriors</b>	<b>Red Sox</b>	<b>Bears</b>	<b>Mariners</b>	<b>Tigers</b>	<b>Knights</b>
<b>Warriors</b>		4 - 8	8 - 7	W - L	11 - 5	20 - 10
<b>Red Sox</b>	4 - 9		L - W	W - L	L - W	W - L
<b>Bears</b>	5 - 8	L - W		L - W	W - L	W - L
<b>Mariners</b>	2 - 6	L - W	L - W		L - W	W - L
<b>Tigers</b>	L - W	5 - 16	3 - 7	4 - 5		W - L
<b>Knights</b>	6 - 22	L - W	L - W	L - W	L - W	